



NEW WAVE
ADVENTURE THERAPY

WILD PROJECT

WILD EARTH

INTENSIVE ADVENTURE

THERAPY SKILLS TRAINING

August 6th -10th 2024
Kerry, Ireland



info@newwavewildproject.ie



[newwavewildproject.ie](mailto:info@newwavewildproject.ie)

This course offers practitioners and budding adventure therapists the first opportunity to avail of adventure therapy training in Ireland.

The course runs over 5 days, 10am-6pm from **6th-10th August 2024**. This is an intensive, in-person course with limited numbers.



This course is aimed at those with a keen interest in moving or progressing their professional practice outdoors. The course is aimed at those working in clinical settings (therapists, counsellors, psychologists, social workers), in a therapeutic role (youth, community, social care settings), or working in the outdoors and looking to extend the scope of their practice.

During the course you will learn about;

- Conceptual Frameworks in Adventure Therapy
- Professional Application & Ethics
- Assessment
- Planning Interventions
- The Practitioners' Toolkit
- Evaluation & Feedback
- Managing Closing & Reflections
- Thinking Outside the Box



Participants will receive a certificate of completion and course information with CPD detail.

This course is approved by the Association of Experiential Education (AEE) towards fulfilling part of the 75-hour training requirements for the CCAT* and CTAS** certification.

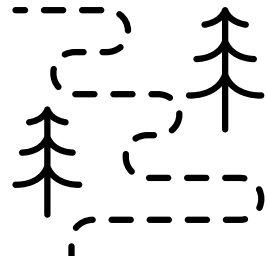
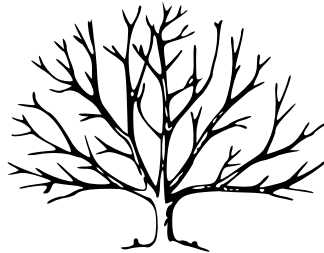
**Certified Clinical Adventure Therapist*
***Certified Therapeutic Adventure Specialist*



This training will primarily take place at New Wave Wild Project's incredible base, 'The Wild Den'.



The course design will emulate adventure therapy programming and will incorporate a range of locations within easy access of the main base; beaches, hills, trails, and woodlands.





This training will be delivered by Philip and Jasmin Stallard, co-founders, directors, and practitioners at New Wave Wild Project.

[Philip Stallard](#)

[Clinical Director & Adventure Therapist](#)

[BA, MBus, PGDip, MSW, PGCert CBT, MA, CCAT](#)

Philip is currently the only Clinically Certified Adventure Therapist (CCAT) in Europe. He is a qualified and registered Social Worker (CORU), and an accredited Psychotherapist (APCP), outdoor practitioner and runs a range of intensive adventure therapy interventions with young people referred from services. Philip has a wealth of knowledge and experience in working with young people with multi-factorial presentations; complex trauma, dual diagnosis, harmful sexual behaviour (HSB). Philip represents Ireland and sits on the ethics group at the International Adventure Therapy Committee (IATC) and brings 20 years of professional and technical expertise to this unique training.



[Jasmin Stallard](#)

[Project Lead & Outdoor Therapist](#)

[B.A., P.G. Cert CBT; PGDip, M.Ed., M.Sc., M.Ps.S.I; M.A.](#)

Jasmin delivers outdoor therapy programmes with young people, adults, and families utilising psycho-educational and integrative therapeutic approaches. Jasmin also brings extensive professional training in education (Teaching Council), psychology (M.Ps.S.I.), and psychotherapy approaches (NAPCP) to programme design and effective implementation, incorporating CBT/REBT, schema and inner child therapy, therapeutic play skills and specific interventions as needed.



WHAT IS INCLUDED:

- Pre-course content - 10 hrs of content, accessed online, relating to adventure therapy theory, frameworks, research, and examples.
- 5x full days (40 hrs) intensive training - in-person, low-ratio sessions in inspiring outdoor locations.
- Refreshments & lunch each day.
- Activity & safety gear.
- Certificate of completion with CPD detail.
- 2x 1hr hours follow-up consultation calls.
- Eligibility to register with the Wild Alliance*

WHAT IS NOT INCLUDED:

- Accommodation
- Personal outdoor gear

APPLICATION & FEES

Course fee: €1950

To apply, please visit our website at
www.newwavewildproject.ie/wildearth

For any queries about this training, feel free to contact us by phone or email.

*The Wild Alliance is a network of practitioners who have completed training with New Wave Wild Project and who wish to stay connected for future additional training content, events, and collaboration.